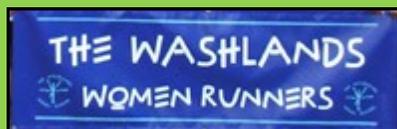
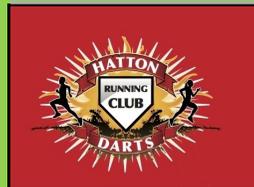


The Burton & District Summer Race League

2016~17 Season



AWARDS and SCORING - Key Points - full rules available from Team Captains

TEAM AWARDS: - **MEN** - 6 to count
 WOMEN - 4 to count
 No age categories.

INDIVIDUAL AWARDS

Both men & women must compete in 5 out of 8 events to be eligible for prizes.

Categories:	<u>Men</u>	<u>Women</u>
	Under 25	Under 25
	Senior	Senior
	Vets over 40	Vets over 35
	Vets over 50	Vets over 45
	Vets over 60	Vets over 55
	Vets over 70	Vets over 65

Complete series: An award will be given to all individuals who have participated in all 8 events, by running in a minimum of 6 and marshalling/officiating in maximum of 2. Note : All clubs must notify Stan of who is marshalling.

An additional award will be given to the overall male and female winner from those who have competed in all 8 races.

SCORING

For 7 races standard positional scoring will apply. For the relay race the times of individual runs (the fastest if more than one leg is run) will be tabulated to the form of a normal race. All results are based on gun times. If no club runners enter a race no team league points can be gained for that club. Teams of less than four women or six men can have last place counting + 1 in the combined men and women race.

In case of a tie, head to head first then continuous count back to one.

RESULTS

The league results will be taken directly off the official race results. Therefore if a club runner enters as an unattached runner; they will not count for their club.

PRESENTATIONS

Presentations will take place at the Presentation Evening on Friday, 6th October 2017.

CLUB MEMBERS

All clubs will provide Stan with a list of their members' names and ages prior to the first event in the race series.

All existing club runners and new club runners who wish to be included in a club team must wear a club vest for all races within the series.

All runners must represent their first claim club, however a second claim runner can compete, if their first claim team is not taking part in the League.

Published final results produced by Stan based on the Burton and District Summer League rules are not subject to change.

Failure to do any of the above will render that runner ineligible to score for the team. The Burton and District Summer League Committee decision on any matters relating to the above is final.

Race One - SDRR Run in the Forest 5

Sunday, 17th April 2016

It was a fine, sunny morning on Sunday, 17th April 2016 for the running of the South Derbyshire Road Runners' 5 mile BDSL Race.

The race is held over a 5 mile course – almost entirely off road and taking in the fine scenery the National Forest has to offer.

The proceedings started with a 1 Mile Fun Run at 9:45am. There were 96 finishers on the day who all received a medal at the finish. The first home in the Fun Run was **Josh Orme-Herbert** from Ivanhoe. The total number of runners was totally unexpected but nonetheless was very encouraging for future participation in the event.

The Main Race started outside the Main Conkers Reception Venue and there were 226 Finishers at the nearby Waterside Centre.

This was a substantial increase on runners than in previous years and looks well for the future, as there has been a year on year increase in participation numbers.

The overall Male Winner was **Alex Benfield** of SDRR in a time of 27:26 and the Female Winner was **Deborah Gilman** of Hatton Darts in a time of 33:21.

The following list gives winners of all age categories:

1 st Overall Man	Alex Benfield	SDRR
1 st Overall Woman	Deborah Gilman	Hatton Darts
1 st Senior Man	Alex Benfield	SDRR
1 st Senior Woman	Kelly Knight	SDRR
1 st Vet35 Women	Sue Potter	Uttoxeter Road Runners
1 st Vet40 Men	Chris Pearson	SDRR
1 st Vet45 Women	Deborah Gilman	Hatton Darts
1 st Vet50 Men	Dave Williams	Tamworth AC
1 st Vet55 Women	Val Lawson	Peel Road Runners
1 st Vet60 Men	Philip Piper	Unattached
1 st Vet65 Women	Sarah Jeyes	Ivanhoe
1 st Vet70 Men	Robert Dilworth	Unattached



Race Two - UTTOXETER HALF MARATHON

Sunday, 1st May 2016

The birth of the Festival of Running took place on Sunday, May 1st kicking off with our Junior race for under 17 year olds. This was won by Josh Orme Herbert of Ivanhoe Runners in a time of 8:16. The first female was Annabelle Mycock (unattached) in a time of 10:14.

Our first ever 10k was next to start with just over 30 entries which was surprisingly lower than expected but it is hoped that this event will grow over the coming years. Local hero Ian Salt won the race in 35:10. The first lady was Georgina Stanfield (Unattached) in a time of 45:09

Five minutes later, the Half Marathon began soon catching up with slower 10k runners. With this in mind both races will start together next year. 267 athletes finished the race, best described by “beautiful on the eye, tuff on the legs”! They were lead home by Carl Mount of (Boalloy Running Club) in a time of 1:12:02, with Michelle Buckle of (Newcastle Staffs AC) leading the ladies home in a time of 1:29:35. First BDSL male was Ben Evans of Tamworth AC in 4th place and a time of 1:17:07, with first BDSL female Naomi Warr of Hatton Darts in 1:33:02.

Looking forward to next year’s races on Sunday April 30th.



Race 3 - The Burton 10

Sunday, 22nd May 2016

Burton Athletics Club provided the annual Burton 10 mile race in 2016. With a race limit of 250 and with it being a very popular race, we had to close the race entrants early due to popular demand. There was also a fun run which proved hugely popular.

The race was won by Holme Pierrepont Runner David Greenwood, in second place was Ben Evans of Tamworth AC, followed by Steven Hill in third. The first male vets prize was won by Ramzi Sidani of Ivanhoe Runners. Rachel Olivant of Derby AC won back to back Burton 10 races taking first female, followed by Rosanna Andrews of Northampton Runners and Deborah Gilman of Hatton Darts taking third. Deborah also took the vets prize.

After winning the team trophy award for two years on the bounce, Hatton Darts were looking for a third consecutive title. However, that wasn't to be as a very strong South Derbyshire Road Runners team claimed the team trophy award. With Andy Hawtin, John Morgan, Stuart Halsey and Christina Howtin making up the team of 4.

We will be increasing the race limit to 350 runners in 2017 as well as hosting the Staffordshire County 10 mile Championships incorporating into the Burton 10. This will be the 130th Anniversary of the race. A title won by Arthur Holden of Burton Harriers in 1887.



Washlands Relays 22nd June 2016

Ruth Ford	00:14:10
Helen Dyche	00:14:17
Barbara Delaney	00:14:24
Kirsty Dumelow	00:14:26
Lauren Docksey	00:14:51
Alison Duggan	00:14:58
Rachael Edwards	00:15:10
Joanna Muzzell	00:15:39
Tracey Wells	00:15:43
Selena Tye	00:15:48
Sylvia Franklin	00:16:03
Louise Gaffney	00:16:13
Sian Hamilton	00:16:29
Laura Jackson	00:16:34
Wendy Roper-Knight	00:16:38
Hannah Lee	00:17:12
Karen Jackson	00:17:20
Catherine Hudson	00:17:43
Pam Osborne	00:17:43
Joanna Bell	00:17:54
Leah Mitchell	00:18:15
Liz Butler	00:20:11



The Washlands Relays is our event in the summer series. This year the weather caused us a few problems and flooded our usual course on the Washlands. Sian and her team did a great job of moving the event to The Albion and it all went without a hitch. Our event is very popular with all the teams in the league and many of them gave us some great feed back. Huge thanks to everyone that helped to make this such a successful event. Those in the core team, Jenny and her team of marshals and everyone that ran. A great evening for the club!

"The Relays are a great event - especially for our new runners."

"It's always one of my favourites for the social side of it."

"It can't have been easy that re-organising that event. Thank you."

"Congrats to all those that helped put the event together!"

"Well done to Washlands Women for organising a great event. Always enjoy taking part in the relays."

"Fantastic event, lots of smiles, great results. "

"We loved the relays and I thought the "out and back" course worked well, as you could cheer on your team mates

"Our teams really enjoyed it and we will not only be there next year but hopefully I'll understand how it all works!"

Race Five—The Gate Gallop 10k

Sunday, 25th June 2016

The weeks leading up to the Gate Gallop saw unseasonable amounts of rain fall on Tamworth, which lead to the Race Director having to close entries early due to limited parking availability on waterlogged fields. This lead to a slightly smaller entry than normal, though none the less competitive for it.

The first runner home was Howard Bush of Tamworth AC in a time of 39:52, with Jason Tilley of Hatton Darts in second place in 40:08 and Matt Pleass of Ivanhoe RR in 40:12. First lady over the line was Charlotte Bush of Tamworth AC in 45:39, with Tracy Hinxman of Hatton Darts second in 46:56 and Emma Funnell of Lichfield RC third in 48:14. 220 runners completed the course.

In the 4.4k Fun Run, James Walker of Tamworth AC was first over the line in a time of 20:14, with Matthew Jolly (unattached) second in 20:56 and Charlotte Perry of Tamworth AC third in 21:32. 35 runners finished, a significantly lower number than usual due to no entries being taken on the day.

The Gate Gallop has now raised over £90,000 for St Giles. Race organisers ensure that all costs of the race are covered by commercial sponsors, so every penny of runners' entry fees go straight to the charity.



The Gate Gallop is marshalled by
more info visit our website:

the Peel Road Runners, Tamworth. For
www.peelroadrunners.co.uk

Race Six—Worthington 5 miles

Tuesday, 12th July 2016

Congratulations to everyone that came out to compete in the 2016 Worthington 5 on a cold and wet evening. Hopefully everyone was able to get their cars out of the rather muddy field without too much difficulty!

Ivanhoe Runners organise the event, a low-key mid-week midsummer race held over a one lap rural five mile road route, which is part of the Burton and District Summer League series of races. Net proceeds from race entries is donated to a local charity. On the same night from the same venue, Ivanhoe Robins hold a one mile fun run for children.

162 runners completed the 2016 race, with Stephen Price first home in 27.23. Jamie Fletcher from Hatton Darts was second in 28.23 and Andy Hawtin from South Derbyshire Road Runners third in 29.08. With Dominic Sharman fourth (and also first v40) and Jack Leafe fifth, South Derbyshire easily scooped the men's team prize.

First lady was Louise Insley of South Derbyshire Road Runners in 30.58 (also first v45), followed by junior Charlotte Bush of Tamworth AC in 32.47 and junior Ellie Armstrong from Ivanhoe Robins in 33.26. Partnering Louise to win South Derbyshire the ladies team prize were Kelly Knight, first senior lady in 4th place, and Nikki Reeves 15th lady.

Josh Smith from Charnwood AC in 7th was first junior male in 29.45, while first vet50 was Stuart Halsey from South Derbyshire in 21st place in 31.07, and first vet60 was Kevin Spare from Hatton Darts in 26th place in 31.42.

First vet35 was Tracy Hinxman of Hatton Darts, 5th in 33.42, while first vet55 was Sylvia Franklin from Washlands Women runners, and the first vet65 was Cath Johnson from South Derbyshire Road Runners.



Race 7 - Burton 10k

Sunday, 21st August 2016

The Burton 10k was again organised and marshalled by Burton based Hatton Darts on Sunday August 21st, with 248 runners taking part on the challenging course.

Runners took an undulating route mainly on country lanes to Anslow village. Then more gradual climbing to Henhurst Hill, and a rewarding downhill section all the way to Shobnall Leisure Centre, and a lap of the athletic's track for a grandstand finish.

First to finish was the Dart's Jamie Fletcher who crossed in 35:54, with South Derbyshire Road Runners Louise Insley first woman to cross the line in 38:52. The 2017 race will be on August 13th, and again be by online or postal entry only.

Free download photos will be available courtesy of Bryan Dale at www.racephotos.org.uk.

Hatton Darts welcome new runners to the club and run on Tuesday nights at 7:15 from Burton and around the surrounding villages. See the monthly diary and contact details on the club's web site at www.HattonDarts.co.uk



Race 8 - Tamworth 5 mile

Sunday 18th September 2016

Start/Finish at Tamworth AC Stadium



This is a certified 5 mile race starting and finishing on the Tamworth AC track. It uses footpath/cyclepaths around a mixed town/park area outside the stadium to create an interesting and pleasant course with outward and return section of around one mile plus a 3 mile loop. The first mile contains a gentle but continuous rise to the highest point on the course which is then largely downhill or flat thereafter. Apart from two quiet estate road crossings, the course is traffic free.

The 2016 event attracted 160 runners for the main race and first home in the men's event was Lloyd Biddell of Mercia Fell Runners in 27.49. Second was Jamie Fletcher of Hatton Darts in 28.39 and third, Chris Pearson of SDRR in 28.39. The best result by a junior runner was Tom Randolph of Tamworth AC in fourth place with 29.33.

In the ladies' event, first home was Louise Insley (again!) in 31.16, followed by Tracy Hinxman of Hatton Darts in 33.00. In third place and first junior runner was Charlotte Bush of Tamworth AC in a time of 33.40.

There is now a 1 mile Junior Race/Fun Run before the 5m event. The distance has also been officially measured so it is a guaranteed 1m and it uses the same start and finish as the main event on the Tamworth AC track. Take the 1 mile challenge and we will give you a certificate recording your time!

Winners of the 1 mile race this year were Timothy Li in the boys' race in a time of 5.22 and Charlotte Perry in the girls' race in a time of 6.20. Timothy's time sets a new record for the boys' race, but Charlotte Bush still holds the girls' record at 5.50.

BURTON & DISTRICT SUMMER RACE LEAGUE

Winners 2016

Overall Winners

Jamie Fletcher (SM) HATTON Charlotte Bush (U25L) TAMWORTH

Category Winners

Men

U25	Tom Bradley	SDRR
	Tom Eyre	SDRR
SM	Jamie Fletcher	Hatton Darts
	Ben Evans	Tamworth AC
	Martin Hollamby	Peel RR
VM40	Howard Bush	Tamworth AC
	Ramzi Sidani	Ivanhoe RR
	Craig Hinds	Ivanhoe RR
VM50	Stuart Halsey	SDRR
	Derek Bolton	Tamworth AC
	Nigel Atkins	SDRR
VM60	Dave Fern	Peel RR
	Graham Blackshaw	SDRR

Women

U25	Charlotte Bush	Tamworth AC
	Hannah Lee	WWR
	Laura Jackson	WWR
SL	Kelly Knight	SDRR
	Sarah Terry	Ivanhoe RR
	Lauren Docksey	WWR
VL45	Deborah Gilman	Hatton Darts
	Tracey Glover	SDRR
	Sian Hamilton	WWR
VL35	Tracey Hinxman	Hatton Darts
	Susan McCulloch	Uttoxeter RR
	Karen Hartland	Ivanhoe RR
VL55	Val Lawson	Peel RR
	Sylvia Franklin	WWR
	Carol Sharratt	Hatton Darts
VL65	Louise Gaffney	WWR

Team Prizes

1st Men - SDRR - 49 points	1st Women - Ivanhoe RR - 58 points
2nd Men - Ivanhoe RR - 45 points	2nd Women - SDRR - 53 points
3rd Men - Hatton Darts - 42 points	3rd Women - WWR - 45 points

Burton & District League Race Calendar 2017

Conkers 5 Miles - Sunday, 9th April

Junior Race - 1 mile

<http://sdr.co.uk/>

Uttoxeter Half Marathon, 10k,

Junior Race 2k - Sunday, 30th April

<http://www.uttoxeterroadrunners.club/>

Burton 10 Miles -

Junior Race - 2 miles

<http://www.burtonac.co.uk/>

Washlands Relays - Wednesday, 14th June

Junior Race - within main relay

<http://www.washlandswomenrunners.org/>

Gate Gallop 10k - Sunday, 25th June

Fun Run - 4.4k

<http://www.thegategallop.co.uk/>

Worthington 5 Miles - Tuesday, 11th July

Junior Race - 1 mile

<https://www.ivanhoerunners.uk/>

Burton 10k - Sunday, 13th August

<http://www.hattondarts.co.uk/>

Tamworth 5 Miles - Sunday, 17th September

Junior Race - 1 mile

<http://www.tamworthac.org/>

Presentation Evening

Friday, 6th October, Burton on Trent